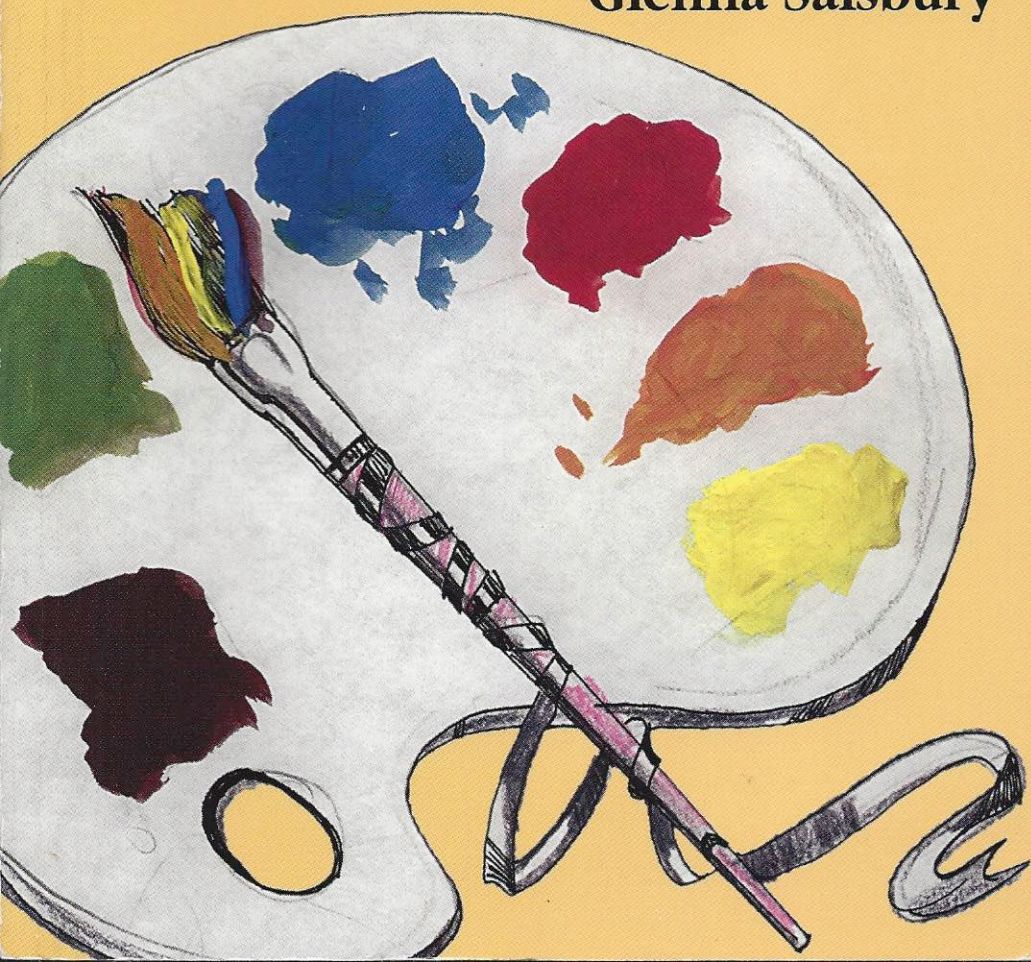


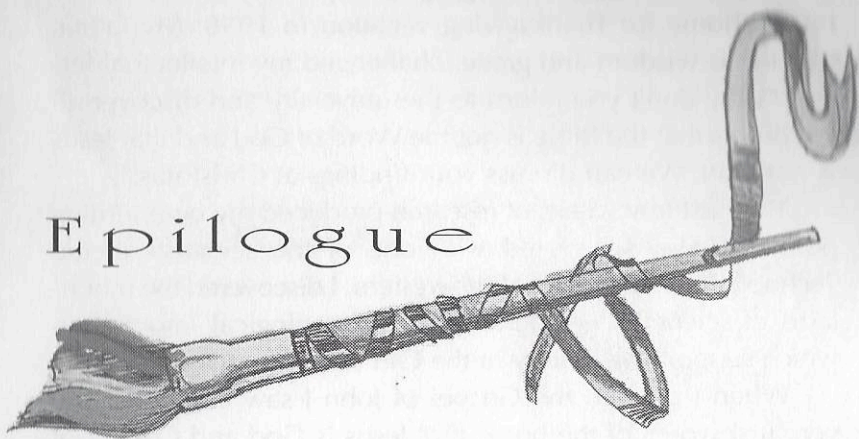
# THE ART OF THE FRESH START

How to Make and Keep Your  
New Year's Resolutions for a Lifetime

Glenna Salsbury



## Epilogue



You may recall that I mentioned in Chapter One that I learned about miracles at the age of 21, and learned about hope from my father over a lifetime.

One of the major lessons I learned out of what happened in my life was this:

*We all have turning points in our journey through life. Almost always, the clues to who we are and why we are here are hidden in those turning points. They can be tragic, triumphant, bizarre or simply significant in the moment, but they contain God's messages to us. God engineers the DNA, the desires and the details to lead us into our purpose.*

When I was a senior at Northwestern University my parents, in their early 50s at the time, experienced their first real understanding of the Person of Christ. They became enthusiastic Christians.

I, on the other hand, had become an enthusiastic, existential agnostic at the university. This divergence of opinion

and understanding led to major philosophical problems when I went home for Thanksgiving vacation in 1958. My father, true to his wisdom and grace, challenged my intellectual fervor. "Why don't you return to the university and discover all the proofs that the Bible is not the Word of God and that Jesus is not God. We can discuss your findings at Christmas."

The next few weeks of research produced my own turning point in life. As I visited with one of the scientists at the Technological Institute at Northwestern, I discovered the mountains of scientific, geological and archaeological information which support the validity of the Old and New Testament.

When I opened the Gospel of John I saw clearly, in the very first words of the book, that Jesus is God and Creator of all things according to the written record.

I was faced with a dilemma. Integrity of thought required that I must either believe all or none of the contents of the Book. To pick and choose what made sense to me was to elevate myself to the position of being the All-Knowing One.

The resolution for me was to challenge the One who claimed to be the Truth. Quietly I asked Jesus Christ to make Himself known to me as God if indeed He was. The sky did not collapse nor was I struck by lightning, but for me there came a deep knowing that the Lord of Creation had become a human being in history and His Spirit had taken up residence in my spirit during my 21st year of life.

This was the turning point that has held the key to my calling. God's wisdom, energy, love and grace compel me to bring Life to others. It is my sincere prayer that your faith and life have been enriched by the words I have shared.

May the Fresh Start that revolutionized my life hold great significance for your own Fresh Start.

Warmly,

Glenna