



# Digging Deeper

## A Study in the Book of Romans

### Discovering the Sovereign Grace of God

*"There is therefore now no condemnation  
for those who are in Christ Jesus."*

*Romans 8:1*

Presented  
By  
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Sandy Cove Ministries  
Women Digging Deeper Weekend

February 5 – 7, 2010



## The Book of Romans

### The Five Major Themes:

- ✿ **Sin – Romans 1:1 – 3:20**
- ✿ **Salvation – Romans 3:21 – 5:21**
- ✿ **Sanctification – Romans 6-8**
- ✿ **Sovereignty – Romans 9-11**
- ✿ **Service – Romans 12-16**

Note: Every verse in the Scripture, from Genesis to Revelation, is related to one of the five themes in Romans.

## The Facts about Romans

Coleridge, the great English poet said, *“Romans is the most profound book in existence.”*

Date written: Spring of 57 A.D.

Author: The Apostle Paul

Place written: Corinth (in Greece)

To whom written: Believers in Rome, Italy

Purpose of Romans: Reveal God’s plan of salvation (healing)





# TULIP!

TULIP is an easy acronym for memorizing the essential and basic truths of the Bible. These five truths are parallel to the five themes in Romans.

**Total Depravity:** The natural man is never able to do any good that is fundamentally pleasing to God, and, in fact, does evil all the time. (This is the condition of all human beings outside of Christ, including babies at birth.) Jeremiah 17:9; Psalm 51:5; Romans 3:10-18

**Unconditional Election:** Divine election means that God elects those who go to heaven, and this is not based on anything man thinks, says, does or is. John 6:37, 39; John 15:16; Acts 13:48; II Thessalonians 2:13; Ephesians 1:4

**Limited Atonement:** Christ intended that His atonement should pay for the sins of those whom God has loved with a special love from eternity. (His death on the cross removed the guilt of the sins of a limited number of people, the elect of God.) John 10:11, 15, 26; Ephesians 5:25, 27; John 17:2, 6, 24; John 8:47

**Irresistible Grace:** The Holy Spirit will cause everyone whom God has chosen and for whom Christ died to believe on Jesus Christ. (His work is accomplished through the regeneration of the heart, and the person eagerly seeks God.) John 6:37, 44; Romans 8:29, 30; Ephesians 1:11; Philippians 2:13

**Perseverance of the Saints:** Once saved, always saved! Believers will continue believing forever because God Himself keeps us and preserves us. I Corinthians 1:30; Jude 24, 25; Hebrews 13:20, 21; I John 5:13; John 6:39



## Session I Sin: The Judgment of God

### SIN



Disease, Death and Wrath  
Romans 1:18 – 3:20



Deliverance, Life and Grace  
Romans 1:16

**Memory verse: Romans 3:11: There is none that understandeth, there is none that seeketh after God.**

**Memory verse: Romans 1:16: For I am not ashamed of the gospel of Christ: for it is the power of God unto salvation to everyone that believeth; to the Jew first, and also to the Greek.**

**Salvation = soteri = deliverance and healing**



Good News of Grace  
Acts 20:24  
Romans 1:5, 7, 15, 16  
Romans 16:24-26

## Session II Salvation: The Love of God

### SALVATION



Freed, Forgiven and Faith-Filled  
Romans 3:21-5:21



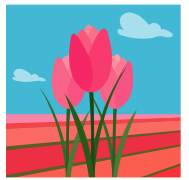
Saved from Wrath; Healed by His Life  
Romans 5:8-10



Gifted with Grace; Restored to Life  
Romans 5:11-21

**Memory verse: Romans 3:23: For all have sinned, and come short of the glory of God;**

**Memory verse: Romans 5:8: But God commendeth his love toward us, in that, while we were yet sinners, Christ died for us.**



## Session III Sanctification: The Faithfulness of God

**Sanctification** Romans 6, 7, 8



The Freedom from Sin  
Romans 6:1-10

**Memory verse: Romans 6:7: For he that is dead is freed from sin.**



The Freedom of Righteousness  
Romans 6:11-23

**Memory verse: Romans 6:23: For the wages of sin is death; but the gift of God is eternal life through Jesus Christ our Lord.**

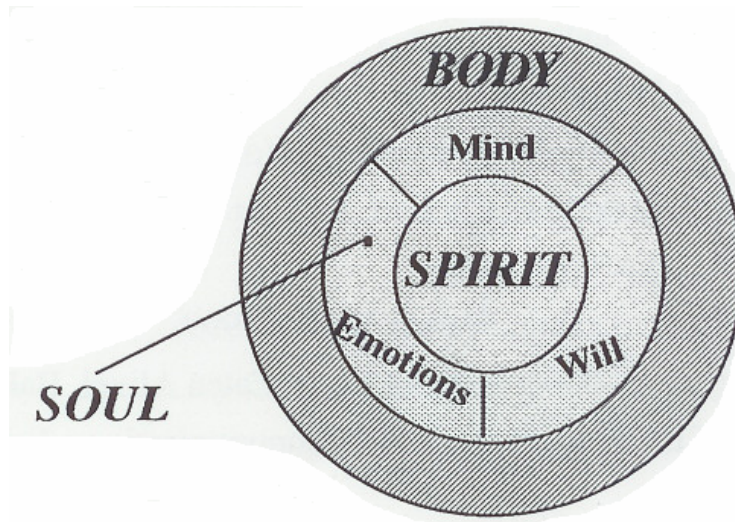


The Fight for Reality  
Romans 7:1-25

**Memory verse: Romans 7:17: Now then it is no more I that do it, but sin that dwelleth in me.**



The Weapons of Warfare  
(The Problem: Romans 7:23)



*1 Thessalonians 5:23 – And the very God of peace sanctify you wholly; and I pray God your whole spirit and soul and body be preserved blameless unto the coming of our Lord Jesus Christ.*



II Corinthians 10:3-5

**Memory verse: II Corinthians 10:5: Casting down imaginations, and every high thing that exalteth itself against the knowledge of God, and bringing into captivity every thought to the obedience of Christ;**

Romans 12:1, 2

**Memory verse: Romans 12:2a: And be not conformed to this world: but be ye transformed by the renewing of your mind...**

Ephesians 6:10-18

**Memory verse: Ephesians 6:12a: For we wrestle not against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this world, against spiritual wickedness in high places.**



The Flesh, the Spirit, the Walk  
Romans 8:1-15

**Memory verse: Romans 8:1a: There is therefore now no condemnation to them which are in Christ Jesus...**



Healed by Hope, Expectation and His Intercession  
Romans 8:16-27



Held by His Love  
Romans 8:28-39

**Memory verse: Romans 8:28: And we know that all things work together for good to them that love God, to them who are the called according to his purpose.**



## Session IV Sovereignty: The Power of God Romans 9-11

### Sovereignty



He Reigns Over All  
Romans 9:1-33

**Memory verse: Romans 9:15: For he saith to Moses, I will have mercy on whom I will have mercy, and I will have compassion on whom I will have compassion.**



His Word Brings Salvation  
Romans 10:1-21

**Memory verse: Romans 10:17: So then faith cometh by hearing, and hearing by the word of God.**



His Promises are Certain  
Romans 11:1-36

## Session V Service: The Call of God Romans 12-16

### Service



The Renewal of Your Mind  
Romans 12:1, 2  
II Corinthians 10:5

**Memory verse: Romans 12:2a: And be not conformed to this world: but be ye transformed by the renewing of your mind...**



The Recognition of Your Gifting  
Romans 12:4-8

**Memory verse: II Corinthians 10:5: Casting down imaginations, and every high thing that exalteth itself against the knowledge of God, and bringing into captivity every thought to the obedience of Christ;**



The Reality of Living  
Romans 13:1-14  
Romans 14:1-23  
Romans 15:1-33

**Memory verse: Romans 14:11: For it is written, As I live, saith the Lord, every knee shall bow to me, and every tongue shall confess to God.**



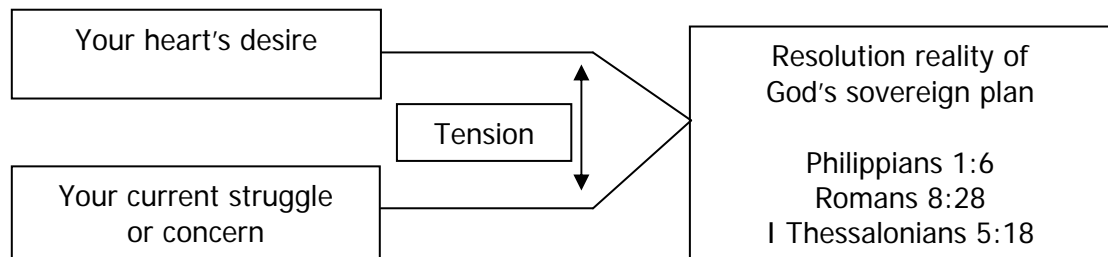
The Relationships of Love  
Romans 16:1-23

**Memory verse: Romans 15:33: Now the God of peace be with you all. Amen.**



## Practical Habits for *Healing* And Intimacy with the *Savior*

1. Sing the old hymns (to yourself ☺) each day. (Get the book, Then Sings My Soul by Robert J. Morgan)
2. Pray the Scripture aloud. (Use Memory Verses in this handout as starter verses.)
3. Memorize 2 or 3 verses to use as active weapons against fear, accusations of Satan and temptation.
4. Select a book or two from resource list and study or meditate on walking in freedom. (Recommended daily devotional: Morning and Evening by Charles Spurgeon or Heavenly Treasures by Glenna Salsbury.)
5. Journal as a means of praying consistently.
6. Gather with a friend or two and prayerfully read and discuss Romans, verse by verse. Suggested study help - Romans: Verse by Verse by William Newell
7. Use Heavenly Treasures as the basis for your own weekly Bible Study, or to study with a group. Dig Deeper into *one* truth!
8. Ponder this practical truth:





## Meditation and Discussion Questions

### Friday Evening: Personal Meditation

1. Where am I spiritually?

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(Thoughtfully and prayerfully describe your own assessment, emotionally and/or mentally.  
EX: Are you certain you are a Christian? Are you secure in your relationship with Christ?)

2. Spiritually, what would I most long to gain during this weekend at Sandy Cove?

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3. Ask the Holy Spirit to open your spiritual understanding during your weekend.

### Saturday Morning: Discussion Questions

1. What is the difference between being a slave to sin or a slave to righteousness?
2. When do you experience the greatest mental attacks spiritually?
3. How do you personally tend to respond to fear or guilt or temptation?
4. What did you learn from last night or this morning that will help you walk more fully in the Spirit?

### Saturday Evening: Discussion Questions

1. What truth out of Romans chapter 8 encourages you the most?
2. How would the truth of Romans 8:28 be of most help in your current life experience?
3. What does the truth of God's sovereign reign over every detail of your life mean to your daily walk as a believer?
4. Romans 10:17 says that our faith comes through hearing the Word of God. What does that mean to you on a practical level?
5. How do you personally experience growing in your faith? Any tips to share with others?

## Amazing Grace Resources

### Books

- Alcorn, Randy, Heaven, Tyndale House Publishers, 2004.
- Anderson, Neil, The Bondage Breaker, Harvest House, Eugene, OR, 2000.
- Anderson, Neil, Victory Over the Darkness, Regal Books, Ventura, CA, 2000.
- Bullinger, E.W., The Companion Bible, Zondervan Publishing House, Grand Rapids, MI, 1974.
- George, Bob, Growing in Grace, Harvest House Publishers, Eugene, OR, 1991.
- Higgs, Liz Curtis, Embrace Grace, WaterBrook Press, Colorado Springs, CO, 2006.
- Horton, Michael, Putting Amazing Back Into Grace, Baker Book House, Grand Rapids, MI, 1994.
- Joyner, Rick, There Were Two Trees in the Garden, Whitaker House, Kensington, PA, 1992.
- Kinnaman, Gary, Dumb Things Smart Christians Believe, Servant Publications, Ann Arbor, MI, 1999.
- Lawson, Steven J., Foundations of Grace, Reformation Trust, 2006.
- Luther, Martin, Commentary on the Epistle to the Galatians, Zondervan Publishing House, Grand Rapids, MI, 1965.
- Luther, Martin, Commentary on the Epistle to the Romans, Zondervan Publishing House, Grand Rapids, MI, 1965.
- Luther, Martin, On the Bondage of the Will, Associated Publishers and Authors, 1971.
- McVey, Steve, Grace Walk, Harvest House Publishers, 1995.
- Moody, Dwight L., God's Abundant Grace, Moody Press, Chicago, IL, 1998.
- Newell, William, Hebrews, Verse by Verse, Moody Press, Chicago, IL, 1947.
- Newell, William, Romans, Verse by Verse, Moody Press, Chicago, IL, 1938.
- Owen, John, Sin and Temptation, Bethany House Publishers, 1996.
- Pink, A.W., The Sovereignty of God, Baker Book House, Grand Rapids, MI, 1969.
- Piper, John, Future Grace, Multnomah Publishers, Inc., Sisters, OR, 1995.

Piper, John, The Pleasures of God, Multnomah Books, Sisters, OR, 2000.

Rich, David, 7 Biblical Truths You Won't Hear in Church, Harvest House, Eugene, OR, 2006.

Salsbury, Glenna, The Art of the Fresh Start, Health Communications, Inc., Deerfield Beach, FL, 1995.

Salsbury, Glenna, Heavenly Treasures, Pleasant Word, Enumclaw, WA, 2009.

Spurgeon, Charles H., Morning and Evening, Hendrickson Publishers, Peabody, MA, 1991.

Strongs Exhaustive Concordance, Thomas Nelson, 2000.

### **Magazines & Journals**

*Free Grace Broadcaster*, Mt. Zion Publications, 2603 W. Wright Street, Pensacola, FL 32505, 850-438-6666, [chapel@mountain.org](mailto:chapel@mountain.org)

*Discipleship Journal*, Navpress, PO Box 35004, Colorado Springs, CO 80935-9937, 800-877-1811, [www.discipleshipjournal.com](http://www.discipleshipjournal.com)

*Key Life Network*, PO Box 945000, Maitland, FL 32794-5000, 800-key-life, [www.keylife.org](http://www.keylife.org)

### **Internet Websites**

[www.gracewalk.org](http://www.gracewalk.org) – “Grace Walk Ministries”, (Discipleship Training Ministry, Steve McVey)

[www.mountzion.org](http://www.mountzion.org) – “Mount Zion Bible Church”, (Incredible, grace-focused materials for small donation)

[www.biblehistory.com](http://www.biblehistory.com) – General Bible information

[www.cbd.com](http://www.cbd.com) – “Christian Book Distributors” (Christian book store)

[www.pilgrim@gracegems.org](mailto:www.pilgrim@gracegems.org)

## Special Purchase Order

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